



Inclusive Wellness Press, LLC
and Diverse Book House

13706 N Hwy 183, Ste 114, Austin, TX 78750
www.InclusiveWellnessPress.com



Submission Instructions for Authors and Artists

Thank you for your interest in submitting your work to Inclusive Wellness Press or our children's book imprint, Diverse Book House! We are excited to discover new voices and artistic expressions, particularly from underrepresented groups, including children, neurodivergent people, and those with lived experience and bold perspectives.

Inclusive Wellness Press publishes creative works that promote holistic wellness, celebrate diversity, and offer practical ways to improve quality of life and social justice. We do not publish general fiction as this time, except for stories featuring realistic underrepresented characters. Children's books should be submitted to Diverse Book House.

We are currently seeking submissions in the following genres:

- Holistic health and wellness books and workbooks (Guided Growth, Self-Help)
- Relatable and practical resources on relationships, parenting, and non-traditional families
- Stories and perspectives on mental health, addiction, public health, and neurodiversity
- Practical guides for improving holistic wellness and environmental stewardship amidst modern challenges
- Books that present science and research in digestible and practical frameworks
- Memoirs, poetry, and essays that speak to social justice or underrepresented voices
- Stories featuring intersectionality and realistic nuanced portrayals of LGBTQI+ and neurodivergent characters (real or fictional).

Diverse Book House, an imprint of Inclusive Wellness Press, publishes books and creative works by or for children of all ages. We are dedicated to discovering and publishing engaging and imaginative stories for young readers as well as creative works by young people. Please follow the guidelines below to ensure your submission is considered.

We are currently seeking submissions for audiences ages 2 – 18 in the following areas:

- Guided Growth (Self-Help)
- Books with diverse characters, particularly LGBTQI+ and neurodivergent characters
- Books created by child/teen authors or illustrators
- Books that address age-appropriate issues of diversity, holistic wellness, social justice, community, and environmental stewardship.

Guidelines for Children's Book Manuscript Length:

- Board Books: Up to 500 words
- Picture Books: Up to 1,000 words.
- Early Readers: Up to 2,500 words.



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Submission Process

Please follow the **AUTHOR GUIDELINES** to submit a written work (book, e-book, audiobook, workbook, textbook) or the **ARTIST GUIDELINES** to submit creative works (posters, calendars, journals, cards, décor, clothing, etc).

You can download Submission Instructions to help prepare your submission. **DOWNLOAD INSTRUCTIONS**

General Guidelines for Inclusive Wellness Press and Diverse Book House

- 1. Eligibility:** We accept submissions from both established and emerging authors and artists. All genres and styles are welcome at this time.
- 2. Simultaneous Submissions:** You may submit to multiple publishers simultaneously, but please notify us if your work is accepted elsewhere.
- 3. Original Work:** All submissions must be original and unpublished except for works published by authors on their own websites, blogs, etc.
- 4. Response Time and Decisions:** We aim to respond to submissions within 6 weeks, and if you have not heard from us by then feel free to send a polite inquiry. In order to keep production costs low and provide royalties higher than standard, we use a review and revision process modeled on scholarly and scientific publications.

We respond to each submission with one of the following:

- **ACCEPTED** -- We are very interested in this work, and would like to offer you a contract to start the publication process.
- **EXPAND** -- We are interested in the idea/proposal, and need more information to make a decision.
- **REVISE AND RESUBMIT** -- The work seems like a good fit for our publishing mission, but it needs substantial revisions for us to move forward with the publication process.
- **DECLINED** -- We don't think this work is a good fit for us, and wish you luck finding a publishing house with a mission and audience more consistent with your work.

5. Additional Notes

****No Fees:** We are not a "hybrid publisher" or "vanity press" -- we do not charge submission or publication fees and exercise editorial discretion about the works we select for publication.

****Rights:** You retain all rights to your work until a contract is signed.

****Illustrations:** If your manuscript requires illustrations, please specify whether you have a vision for them or if you would need our assistance partnering with an illustrator.



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IWP Author Submission Form

Written and creative works must be submitted using our online form. We highly recommend that you prepare and save your responses before you access the online form. In addition to uploading your creative work, you will be asked to provide the following information.

The online submission form is available here: <https://forms.gle/8oHfZVxghumgrpPw8>

Information Needed for Submission Form

Type of Submission: Are you submitting a proposal or a full manuscript?

Simultaneous Submission: Is this project a simultaneous submission to other publishers?

Audience: What is the primary target audience for this project?

Genre: Which of the following categories best fits your book?

Holistic Wellness Relevance: Which areas of holistic wellness are addressed by your book in a significant way?

Overview: Please provide a brief summary of the project.

Impact: What is the potential impact of this project? What makes it unique?

Originality: Has any portion or version of this project been published elsewhere, including personal blogs, scientific papers, interviews, speeches, etc? If so, please provide relevant links.

Credibility of Author: Tell us why the author(s) of this project are credible on this topic. Briefly describe the author(s) relevant training/credentials, expertise, publication history, or lived experience that make them credible authors for this project.

Author Platform: Provide links to the author(s) websites, social media platforms, and media mentions.

Author Information: One of our missions is to amplify voices and perspectives from underrepresented and/or marginalized groups. As such, our submission form asks about author/artist characteristics related to identity, culture, expertise, and lived experience. This section is optional (not required).

Goodness of Fit: Tell us why you think this project is a good fit for Inclusive Wellness Press.

Timeline: If selected for publication, when would the author(s) reasonably expect to complete a polished draft of the project for editorial review and feedback?

Additional Notes: Is there anything else you would like us to know as we consider your submission?

Submitted by: Author / Agent / Non-Agent Representative (Parent/Guardian of Author)

Author Name:

Author Pronouns:

Contact Information: Email, Phone, and Mailing Address

Submission File: Please upload ONE FILE that you would like us to review for this submission.

Consent for Review: By completing this submission form you consent to this work being reviewed by staff and agents of Inclusive Wellness Press, LLC to be considered for publication.